

boost

30 September 2023

Celebrating
£2,500,000
of grants awarded!

Boost is a grant-giving charity that was established in 2005. Our mission is to provide impactful funding and support for inspiring programmes which help improve the lives of the disadvantaged and disabled through the power of sport.

**South Shields Surf Club –
Adaptive Programme**

Photo courtesy of Surfdek.

Boost recently reached the significant milestone of awarding **£2,500,000** of grants.



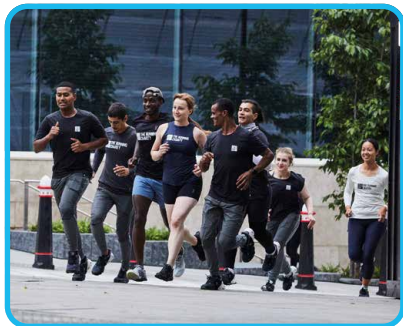
Get Set 4 Tennis – improving children's mental health.

Here are some key facts of our story since 2005:

- **760** grants awarded.
- **71** sports supported.
- **95%** of grants awarded to programmes in the UK. We have also supported inspiring projects in Australia, eSwatini (Swaziland), the West Indies and Zambia.

The last 12 months

- **£162,000** awarded to 46 programmes.
- **4 new large projects** – Kendal Snowsports, Tim Henman Foundation, South Shields Surf Club (all supporting physical and/or learning disabilities) and EVA Women's Aid (physical activity programme for victims of domestic abuse).
- **2 new sports** – Pony carriage driving and ten pin bowling for the visually impaired.

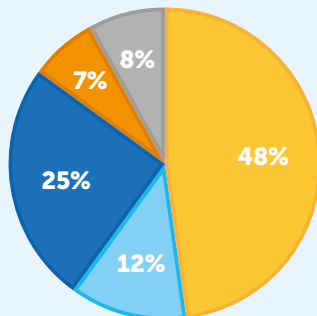


The Running Charity – supporting the homeless and young offenders.

All of Boost's programmes are run by passionate and inspiring individuals.

Boost's mantra =

No Passion, No Grant.



5 areas of focus:

- Physical & learning disabilities
- Social exclusion
- Financial hardship
- Medical research & relief
- Mental health

Sam's Legacy was established by Boost in 2017 and has raised **£250,000**.

- **15** sports programmes delivering relief for Quadriplegic Disability, Muscular Dystrophy, Leukaemia, Cerebral Palsy and Parkinson's.
- **1** Olympic Gold Medal won by Nick Cummins who was in the GB Wheelchair Rugby squad at the Tokyo Olympics.

Fundraising

- Boost secures its income from investment dividends, personal and corporate donations, fundraising events and gift aid.
- **6** fundraising events over the past year collectively raised **£65,000**, plus gift aid.
- **3 established events** – The Boost vs St Bride's Golf Day, The London Landmarks Half Marathon and a 100km Endurance Cycle Ride.
- **3 new events** – Boost Quiz Night, the Yorkshire Rose Golf Day and the Iconic Sports Arena 23-Mile Walk.



Belvoir Cricket & Countryside Trust – Table Cricket.



63 people joined our inaugural 23-mile walk.

Thank you

Thank you to everyone who has been part of Boost's story so far and for helping us to raise such an amazing amount of money for our sports programmes.



For more information on Boost's activities, please contact:

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Registered Charity Number: 1111961

Boost Charitable Trust supports and complies with The Charity Governance Code for Small Charities.

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